

Play Therapy training courses 2024

1
Introduction to
Child Centered Group
Play Therapy
(In-person in HK)

2
Comprehensive
Cognitive Behavioural
Play Therapy
(In-person in HK)

3
Introduction to
Filial Play

4
Introduction to
Integrative Play Therapy

5
Advanced
Child Centered Play Therapy
(In-person in HK)

6
Advanced
Family Play Therapy
(In-person in HK)

Target Participants:
Social workers, counsellors and other mental health professionals who work with children and families. It provides practitioners with the knowledge and skill need to conduct Play Therapy effectively.

Trainer:
Cora Ho
(RPT-STM #S2420, RSW,
Founder of Nurture Play Therapy and Training)

Language:
Cantonese (Supplement with English handouts)

NOTE: This training meets APT definition of "Live Webinar"

Online application
Enter the link or scan the QR code

<https://forms.gle/HHEA8Bgrk9ec9Gny6>



1

**Introduction to
Child Centered Group
Play Therapy (CCGPT)
(In-person in HK)**

CE Hours: 13

CE hours includes:

Seminal Theories: 6

Skills & Methods: 6

Cultural & Social Diversity: 1

Learning Objectives:

1. Describe the principle to guide CCGPT
2. Explain nonverbal and verbal skills of CCGPT
3. Describe the CCGPT procedures
4. Explain special considerations needed to effectively employ this intervention in variety of therapeutic settings in a culturally competent manner
5. Discuss techniques and strategies used in CCGPT
6. Describe the typical issues and play themes of CCGPT

Date & Time: 13/1 (Sat) & 17/1 (Wed) (9:30am-5:30pm)

CE Hours: 13 CE hours

Format: In-person

Venue: 4/F, Shanghai Centre, 473-475 Shanghai Street, Kowloon
(Hong Kong Social Workers' General Union) (香港社會工作者總工會)

Fee: \$5760

\$4800 (Early bird on or before 18 Dec 2023)

2

**Comprehensive
Cognitive Behavioural
Play Therapy (CBPT)
(In-person in HK)**

CE Hours: 21

CE hours includes:

Seminal Theories: 10

Skills & Methods: 10

Cultural & Social Diversity: 1

Learning Objectives:

1. Describe basic knowledge on the history and development of CBPT
2. Identify at 3 core theoretical concepts of CBPT
3. Identify 3 myths of CBT and how related to CBPT
4. Describe 4 quadrants of the play therapy dimensions model
5. Identify the differences between CBPT and more traditional play therapies
6. Describe at least 3 reasons for the need to utilize cognitive therapy concepts in play therapy
7. Identify the stage of CBPT
8. Identify the core ingredients and skills of CBPT
9. Discuss how to apply CBPT with children and adolescents
10. Describe why it is helpful to stay inside the metaphor of a child's play, and assess opportunities for speaking outside the metaphor
11. List at least 13 CBPT techniques which is effectively use for children who have ADHD ,anxiety disorder, or separation anxiety or sleep problem,
12. Discuss considerations for cultural sensitivity and diversity when using CBPT
13. Identify at least 3 limitations when using CBPT
14. Identify the role of play therapist when using CBPT
15. List the contemporary research on CBPT

Date & Time: 14/1, 21/1 & 28/1 (Sun) (9:30am-6:00pm)

CE Hours: 21 CE hours

Format: In-person

Venue: 4/F, Shanghai Centre, 473-475 Shanghai Street, Kowloon
(Hong Kong Social Workers' General Union) (香港社會工作者總工會)

Fee: \$9360

\$7800 (Early bird on or before 18 Dec 2023)

3

Introduction to
Filial therapy

CE Hours: 9

CE hours includes:

Seminal Theories: 4

Skills & Methods: 4

Cultural & Social Diversity: 1

Learning Objectives:

1. Identify at least 4 benefits of using Filial Therapy
2. Describe the process, skills and stage of Filial Therapy
3. Identify and explain at least 2 child/family problems for which Filial Therapy is useful
4. Identify the different "roles" that the therapist plays during the training phase of Filial Therapy
5. Explain how to be a CRPT culture competence responsive therapist
6. List steps for providing feedback to parents

Date: 24/2, 3/2 & 9/3 (Sat) (6:30-9:30pm)

CE Hours: 9 Live Webinar CE hours

Format: Live Webinar

Fee: \$2500

\$2100 (Early bird on or before 18 Dec 2023)

4

Introduction to
Integrative Play Therapy

CE Hours: 13

CE hours includes:

Seminal Theories: 7

Skills & Methods: 6

Learning Objectives:

1. Describe the key concepts and the theory behind the use of Integrative Play Therapy
2. Discuss how to use Comprehensive Psychosocial Assessment and Diamond Model for the assessment
3. Explain the key concept of Play Therapy Dimension Model
4. Discuss how to use Play Therapy Dimension Model to facilitate therapists tailor their approach and evaluate their therapeutic interventions
5. Identify at least 3 considerations for setting up an Integrative Play Therapy playroom
6. Explain how to blend different play therapy approaches (CCPT, CBPT, Family Play Therapy, Theraplay), art and sandtray therapy as well as Child-Centered Group Play Therapy (CCGPT) into treatment with intention

Date & Time: 6/4, 13/4 (Sat) (6:30-10:00pm); 20/4, 27/4 (Sat) (6:30-9:30pm)

CE Hours: 13 Live Webinar CE hours

Format: Live Webinar

Fee: \$3700

\$3100 (Early bird on or before 18 Dec 2023)

5

Advanced Child
Centered Play Therapy (CCPT)
(In-person in HK)

CE Hours: 14

CE hours includes:

Seminal Theories: 6

Skills & Methods: 6

Cultural & Social Diversity: 2

Learning Objectives:

1. Explain how to distinguish between play behaviours and play themes
2. Identify common themes in play therapy
3. Discuss how to use play capacity, play theme to assess the child's progress in play therapy session
4. Recite the rationale when, why and how to use advanced skill of limit-setting and choice giving from a child-centered perspective
5. Identify some of the recommended ways to respond to, and be with children in the different stages in the therapeutic process
6. Describe how to utilize the different stages of play therapy to assess the child's progress in play therapy
7. Describe how to set up a multicultural playroom
8. Explain how to be a CCPT culture competence responsive therapist
9. Describe how to responds to silence in play therapy session

Date & Time: 29/6-30/6 (Sat-Sat) (2 Days) (9:00am-6:00pm)

CE Hours: 14 Contact hours

Format: In-person

Venue (Tentative): 4/F, Shanghai Centre, 473-475 Shanghai Street, Kowloon
(Hong Kong Social Workers' General Union) (香港社會工作者總工會)

Fee: \$6250

\$5200 (Early bird on or before 18 Dec 2023)

6

Advanced
Family Play Therapy

CE Hours: 18

CE hours includes:

Seminal Theories: 8

Skills & Methods: 9

Cultural & Social Diversity: 1

Learning Objectives:

1. Identify the rationale for integrating play and family therapy
2. Explain how to use play therapy interventions to observe family dynamics of hierarchy, power and control, boundaries and alliances
3. Identify attachment styles of caregivers and children in family play therapy
4. Explain how to use symbol and metaphor assist the client in family play therapy
5. Identify at least 2 play therapy interventions that can be used in the assessment phase of family therapy
6. Describe the goals and progression for family play therapy sessions
7. Explain how to select from family play therapy techniques to keep family members in the window of tolerance
8. Describe the cultural and social considerations needed to effectively employ Family Play Therapy
9. Identify the play therapist's role when working with families
10. Explain strategies for addressing parent hesitation in participating in family play therapy
11. Identify at least 5 family play therapy activities.

Date & Time: 5/7-7/7 (Fri-Sun) (3 Days) (9:30am-5:30pm)

CE Hours: 18 Contact hours

Format: In-person

Venue (Tentative): 4/F, Shanghai Centre, 473-475 Shanghai Street, Kowloon
(Hong Kong Social Workers' General Union) (香港社會工作者總工會)

Fee: \$8100

\$6700 (Early bird on or before 18 Dec 2023)

Training Fee

Normal Price

**Special discount for
applying
ALL COURSES
on or before 18 Dec 2023**

Introduction to Child Centered Group Play Therapy (CCGPT)

\$5,760

Comprehensive Cognitive Behavioural Play Therapy (CBPT)

\$9,360

Introduction to Filial Play

\$2,500

Introduction to Integrative Play Therapy

\$3,700

Advanced Child Centered Play Therapy (CCPT)

\$6,250

Advanced Family Play Therapy

\$8,100

Total Fee

\$35,670

\$28,000

For APPTA students, *MUST* complete post test in each courses, which are included in the courses fee.

Cancellation and refund:

Refund is available only 20 days prior to a course or workshop.

No refunds are available less than 20 days before a course or workshop for any reason.

Nurture Play therapy and Training reserves the right to cancel a course, conference or workshop at any time due to unforeseen circumstances.

Trainer Introduction:

Ms Ho Pui Ching, Cora

- Founder of Nurture Play Therapy and Training
- Registered Play Therapist-Supervisor (RPT-S™ #S2420)
- Registered Social Worker
- AutPlay service provider
- MA SocSc (Behavioural Health)
- BSW

Ms Cora Ho has over 20 years of clinical experience in child, counselling, play therapy, family therapy and parenting work.

She is expertise in working with child and family with her school stationing(primary and secondary school), Integrated Child and Youth Center (ICYC) and Integrated Family Service Center (IFSC) experiences .

She received her comprehensive and intensive play therapy training, practice and supervision more than 10 years. She gained her credential as Registered Play Therapist(RPT™) and Registered Play Therapist-Supervisor (RPT-S™) respectively since 2017. Her training is based on Child Centered Play Therapy (CCPT) and expert in using Integrative Play Therapy Approach to work with children and families.

In recent year, she was invited to provide play therapy staff trainings to different social service settings, e.g. School Social Work Service-Kindergarten, School Student Guidance Service (Primary School) and IFSC. She had also provided play therapy sharings to different University and College for social work students (Year 4).